

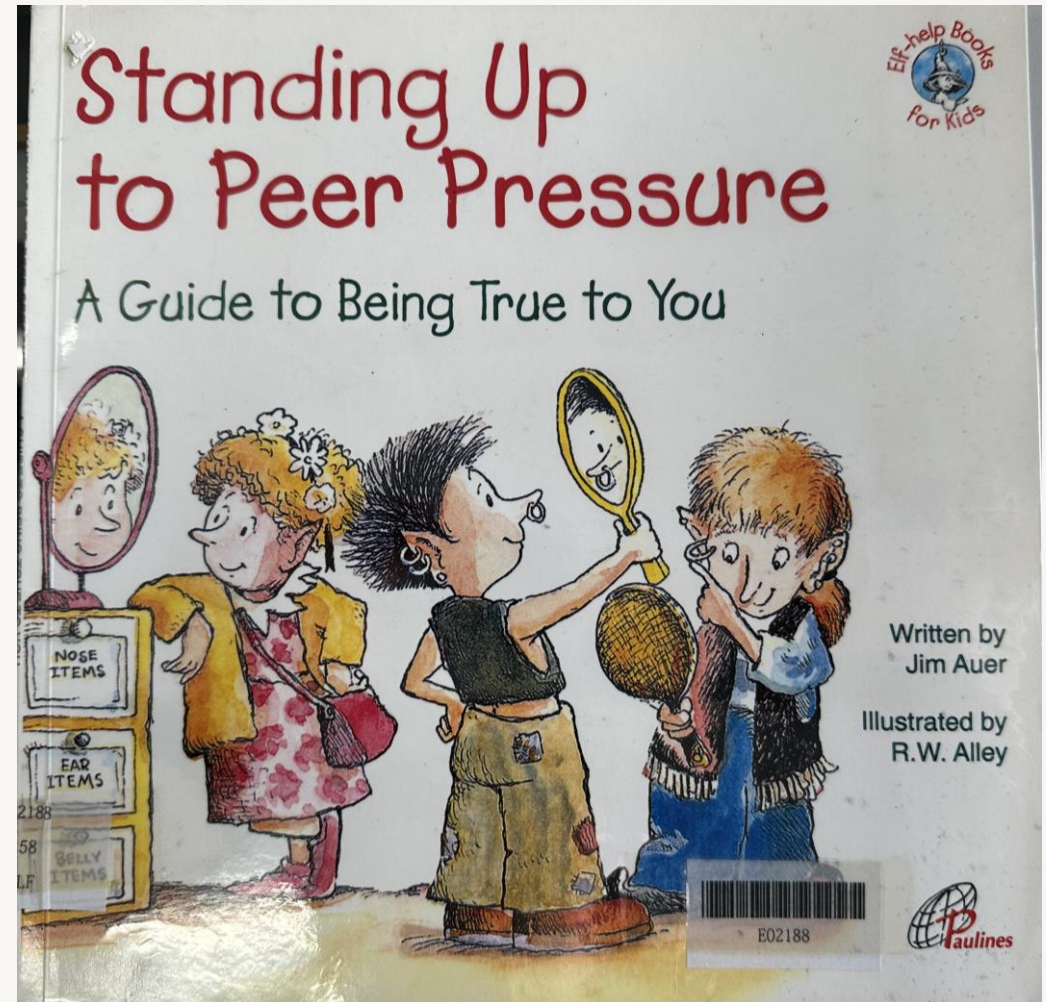
Book Recommendation

Standing Up to Peer Pressure: A Guide to Being True to You

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Standing Up to Peer Pressure: A Guide to Being True to You

- This book tells us how to deal with peer pressure. Sometimes, we may try to fit in a circle and become a person that is not us. But this book tells us it's okay to be different and be true to ourselves. We don't have to be like others as everyone is unique.
- Also, we don't need to feel pressured if we don't do what our friends want us to do. Since if they really are our true friends, they won't force us to do something we don't want.
- This book is very inspiring and motivating. You can find some advices from it when you don't know how to say 'no' to your friends or be true to yourselves.